



**EMG & Rehab** PLLC is located at 1600 E. Jefferson, Suite 620 in the Jefferson Tower.

**Driving directions from Interstate 5:**

- **NORTHBOUND:** From the mainline, take exit 164A, following signs to James St. Turn right (east) onto James St. James becomes E. Cherry. At 16th Avenue, turn right (south) and go 1 block.
- **SOUTHBOUND:** From the mainline, take exit 165A at Columbia/James. At the bottom of the ramp, go past Cherry St. and turn left (east) on James St., crossing under the freeway. James becomes E. Cherry. Continue to 16th Avenue and turn right (south) and go 1 block.

**Driving directions from Interstate 90:**

- **WESTBOUND:** Take exit 3B at Rainier Avenue. Rainier Avenue merges into Boren Avenue. Turn right (north) onto 12th avenue and go six blocks. Turn right (east) on E. Jefferson St. and go 4 blocks. Continue to 16th Avenue and turn left (north).

**Bus Route:** From Downtown Seattle, take the #3 or #4 bus eastbound on Jefferson St. Get off on the corner of 16th Avenue and Jefferson.